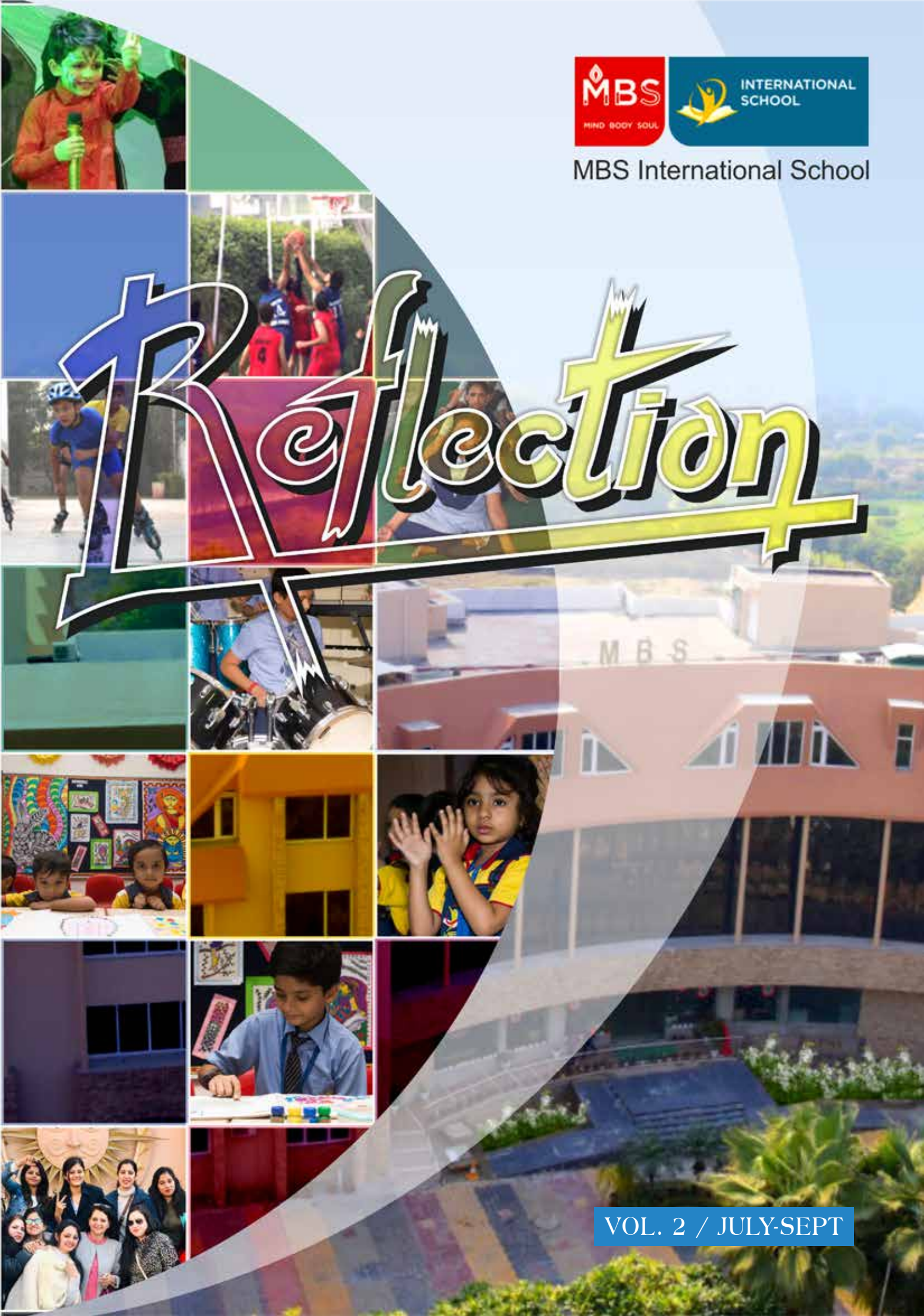




MBS International School

# Reflection



VOL. 2 / JULY-SEPT

# Content

Volume 2, July-Sept.

From The Desk Of The Principal .....	<b>4</b>
Vice Principal's Message .....	<b>5</b>
Ripples-2020 .....	<b>6</b>
Appreciating Mentors: Teachers' Day Celebration .....	<b>7</b>
Learning In Summers .....	<b>8</b>
Independence Day .....	<b>9</b>
Council Members .....	<b>10</b>
Board Results : Grade X & XII .....	<b>11</b>
Investiture Ceremony: Leaders For Tommorrow .....	<b>12</b>
National Sports Day.....	<b>12</b>
Kargil Vijay Diwas: Tribute To Our Warriors .....	<b>13</b>
Rainbow Magic Of Skittles .....	<b>14</b>
Fun In The Summer .....	<b>15</b>
Health Bhi, Taste Bhi .....	<b>16</b>
My Favourite Fruit: An Expression Of Delight .....	<b>17</b>
Blue Colour Day Celebration .....	<b>17</b>
Splish Splash Water Fun .....	<b>18</b>
Creative Hands Colouring Competition .....	<b>18</b>
Fruit Mart Visit .....	<b>19</b>
Celebrating Bond Of Love .....	<b>19</b>

French Extravaganza .....	<b>20</b>
Fun With Alphabets .....	<b>21</b>
Patriotic Verses Recitation .....	<b>22</b>
Budding Scientists .....	<b>23</b>
Sail Through .....	<b>23</b>
English Poem Recitation .....	<b>24</b>
Gifts Of Reading .....	<b>24</b>
Newspaper Craft .....	<b>25</b>
Fun With Numbers .....	<b>26</b>
Tree Plantation .....	<b>26</b>
Pitter Patter .....	<b>27</b>
Ad Mad .....	<b>27</b>
Dress & Depict .....	<b>28</b>
Photo Frame Making .....	<b>29</b>
Inter House Patriotic Song Competition .....	<b>30</b>
Food Is Life, Cooking Is Fun .....	<b>31</b>
Show And Tell .....	<b>32</b>
Slogan Writing: Our Saviours .....	<b>33</b>
Mindfulness .....	<b>34</b>
Common Errors In English .....	<b>35</b>
Yoga: A Way Of Life .....	<b>35</b>
Drawing And Colouring: The Rainy Season .....	<b>36</b>
Learning Forum .....	<b>37</b>
MBS In News .....	<b>38</b>
Expressions: Grand Parent Speak .....	<b>39</b>
Expressions: Parent Speak .....	<b>40</b>

# Message

## FROM THE DESK OF THE PRINCIPAL

Warm greetings!

I deem it my privileged honour to share that the school, hailed as one of the deemed institutions, has successfully carved a distinctive niche for itself, in the world of education. As always, our students have done exceedingly well in CBSE Boards this year and won numerous accolades to make us proud.

I also wish to put on record that the school has risen to the need of the hour, striving relentlessly to provide unhindered learning to our students, during these challenging times.

The surge of this successful odyssey springs from the unification of enlightened minds who have steered and sustained our dreams and transformed to realities.

As we bring out the second edition of newsletter- 'Reflections', I offer my congratulations to the teachers and the students who have believed in the power of dreams and embraced mine as their own. I also express sheer gratitude to our dear parents who have stood by us and helped us in translating our vision.

We invite you to navigate through this journal, a record of the incessant growth and accomplishments of the school. In the same vein, I look forward to your continued support to make this school a shining star in the edu-world of the city.

**Atul Wadhawan**  
(School Principal)



*"We keep moving forward, opening new doors, doing new things, because we're curious and curiosity keeps leading us down new paths."*



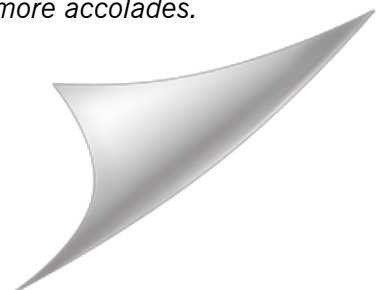
## Message

*Greetings from MBS International School!*

*I hope each one of you is safe and following the necessary healthcare guidelines to combat the COVID-19. The interference of the ongoing pandemic in the education system is a reminder that there is a need for change. For years, we've been talking about e-learning and well that future is here! We are witnessing the shift from 'thinking digital' to 'being digital'. We are glad to inform that MBS International School, Dwarka has seamlessly integrated classroom learning with e-learning modes to build a unified and holistic learning system. Our teachers have been using constructive online forums of learning which will make our students innovative apart from strengthening them academically. Right from academics, co-curricular activities, sports and competitions, our teachers have managed to relocate everything from school campus to cloud. We have offered a plethora of online activities to the students for them to pursue their interest and showcase their talent. We are proud to report that our learners have been enthusiastic participants and have demonstrated varied excellent skills throughout this journey during the COVID-19 lockdown.*

*The School has shown a steady growth in academic achievement for the past several years. There is no option but to achieve excellence! It is an honour to be an MBSian. We are working relentlessly towards the holistic development of our students which will prepare them to become the 21st century leaders who can make decisions, plan forward, foster change and solve problems; in other words, ready themselves and we request for the dynamic collaboration from the parents, as always. We also know how important it is to build strong parent-teacher relationship. As a result, we encourage parents to be active participants in school life and we welcome you to be part of our many events and activities. Believing, "If everyone is moving together, then success takes care of itself," let's move with a mission to provide our children with all the possible facilities that would help them in becoming good and successful human beings. Once again, thank you for reposing faith in our school. Let's move ahead to win more accolades.*

**Rajesh Bano Preeya**  
(School Vice Principal)





# RIPPLES

## 2020

📖  
**Dreams should be lived and life is meant to be explored.**  
 📖

Each moment that life bestows is meant to be discovered and celebrated. In an attempt to allow students to experience the joy of 'new' learning, during these unprecedented and challenging moments, the school organised Ripples 2020, themed on 'value', to provide prodigies an opportunity to perceive beauty and value in the world.

The event detailed some 'value' themed interesting activities which inspired more than 200 participants from around 50 schools in Delhi to explore and exhibit their imagination and creativity. The experiential initiative enriched the students as they participated with alacrity in multifarious array of activities such as Waltz n Whirl, Cheery Puppet-ale, Director's cut, etc., to name a few.

The presentations and videos carefully and painstakingly prepared by students made the 'online' event an experience in itself.





# APPRECIATING MENTORS

## Teachers' Day Celebration

“  
**One looks back with appreciation to the brilliant teachers who touched our human feelings as warmth is the vital element for the soul of the child.**  
 ”

Teachers' Day was an epochal occasion to appreciate the brilliant teachers of the school who sowed warmth into the soul of the young minds and ignited in them an ambition to excel in every capacity.

The students of the school paid a glowing tribute to their mentors through the special assembly celebrating the dedication and commitment of their guides, in the august presence of the School Principal, the School Vice Principal, senior Headmistress, Coordinators of respective wings, teachers, parents and students.

The Teacher's Day 2020 was an incredibly executed 'online' event realised with teamwork of the teachers, council members and students who contributed to make the celebration a resounding 'virtual' success!

The assembly commenced with the Guru Vandana, followed by Poem recitation. The presentation by tiny tots of the Pre- Primary classes flabbergasted all as they expressed their gratitude with their innocent and excitingly adorable videos! A beautifully orchestrated skit in the form of a Qawwali, a mellifluous tribute to teachers by students, besides dance performances were some of the programme highlights! The School Vice Principal addressed the teachers on the occasion and congratulated their achievements.

A memorable online teacher tribute indeed!



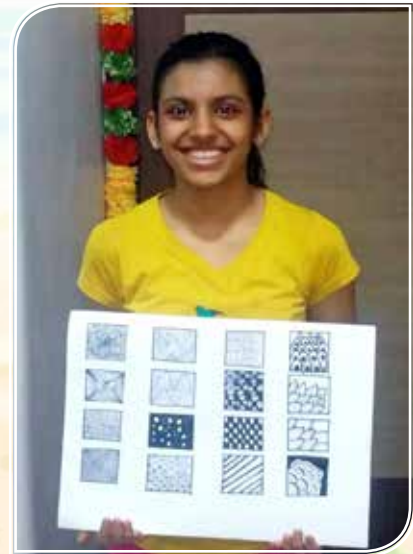
# Learning in Summer



*“Learning is experience. For the things we have to learn before we can do them, we learn by doing them.”*

To unbridle the latent creativities of children, the School organised Hobby Lobby Summer Online Camp for the students of classes Pre-School – XII comprising a plethora of interesting activities such as Food and Flavours, Music (Instrumental), Go Digital, Personality Development, Tapping Toes, Aerobics, Rang Tarang, Vedic Maths etc.

Each activity witnessed exhilarated participation of students, who got a platform to exhibit their skills. The camp not only fostered their creativity and decision-making skills but also helped them explore their hidden talents and discover new areas of interest.





# Independence day

Reminiscing the sacrifices of the heroes who spent their 'today' for our 'better' tomorrow, the School, celebrated 74th Independence Day in the presence of Mr. Anto Alphonse, DCP, Dwarka the esteemed chief guest, who graciously consented to unfurl the flag escorted by the School Principal and the School Vice Principal.



A gamut of cultural performances including musical presentation by special children, dance performance by teachers and speech were a tribute to the freedom fighters who sacrificed their lives for our freedom. The Vice Principal addressed the august gathering, urging everyone to fulfill one's duty towards the nation with responsibility.



**“FREEDOM IN THE MIND, FAITH IN THE WORDS, PRIDE IN OUR SOULS, LET’S SALUTE THE NATION ON THIS INDEPENDENCE DAY.”**



### SCHOOL HEAD GIRL DHWANI



- Proficient leader
- Adept
- Self reliant
- Compassionate
- Intellectual

*"Leadership is the capability to translate vision into reality"*

### SCHOOL HEAD BOY VELPULA STEPHEN MATHEW



- An all rounder
- Visionary
- Pace setter
- Sports Enthusiast
- Excellent oratory skills

*"The only way to do great work is to love what you do. If you haven't found it yet, keep looking. Don't settle."*

### HEAD BOY (PRIMARY) AYUSH BHATIA



- Zealous
- Ambitious
- Collaborative
- Supportive

*"Never say never because limits like fears are often just an illusion"*

### HEAD GIRL (PRIMARY) DEEYA BISHT



- Articulate
- Consistent
- Quick witted

*"A leader is one who knows the way, goes the way and shows the way"*

### VICE HEAD BOY ZAKI ALAM



- Self inspired
- Resourceful
- Nominated for Dwarka's torch bearer award. He was the youngest among all

*"It is only when you take responsibility for your life that you discover how powerful you truly are"*

### VICE HEAD GIRL SAKSHI YADAV



- An amazing orator
- Wordsmith
- Courteous
- Dedicated
- Responsible

*"Taking responsibility for oneself is by definition an act of kindness"*

### CONGRATULATIONS TO THE NEWLY ELECTED COUNCIL MEMBERS



# BOARD RESULTS : GRADE X & XII

*We are proud of you!!!*

**100%**

“THE ROAD TO SUCCESS IS THROUGH COMMITMENT ”  
**HEARTIEST CONGRATULATIONS!!!**

TO STUDENTS,PARENTS & STAFF  
*Our Shining Stars of AISSE-2020*



**SUKARAN THAREJA**  
 SCHOOL TOPPER  
 95%  
 ENGLISH -94  
 GEOGRAPHY-96  
 POL SCIENCE-94  
 INFORMATICS PRACTICES- 96



**GUNIKA SOLANKI**  
 ECONOMICS-100  
 BUSINESS STUDIES- 95



**YASH SEJWAL**  
 ENGLISH- 95



**PRAMIT RAY**  
 MATHEMATICS - 95  
 CHEMISTRY-95  
 PHYSICS-93



**ANZHU TRIVEDI**  
 SCHOOL TOPPER  
 95%  
 PSYCHOLOGY-98  
 POL SCIENCE-97  
 INFORMATICS PRACTICES- 97  
 PHYSICAL EDUCATION -95



**SAKSHI SETHI**  
 ENGLISH- 95



**ARSHIA HARDAT**  
 ENGLISH - 95



**AYUSH AGGARWAL**  
 ENGLISH - 95

“SUCCESS IS THE RESULT OF PERFECTION.HARDWORK,LEARNING FROM FAILURE ,LOYALTY & PERSISTENCE”

**HEARTIEST CONGRATULATIONS!!!**

TO STUDENTS,PARENTS & STAFF



**ANJALI JHA**  
 SCHOOL TOPPER  
 94.4%  
 ENGLISH 97  
 HINDI 97  
 SCIENCE 94  
 MATHEMATICS 94  
 SOCIAL SCIENCE 90



**SAMRIDHEE CHANDNA**  
 HINDI 95  
 ENGLISH 97  
 SOCIAL SCIENCE 94



**ZAKI ALAM**  
 HINDI 94  
 MATHEMATICS 94



**TANISHKA RATHORE**  
 ENGLISH 94  
 SOCIAL SCIENCE 93



**SANYUKTA NEGI**  
 HINDI 94  
 SOCIAL SCIENCE 95



**SUJAL KASHYAP**  
 HINDI 93



**PRATEEK RAY**  
 MATHEMATICS 96



**NEGI SARTHAM SUNDAR**  
 MATHEMATICS 95



**VANSHIKA**  
 ENGLISH 93



**SAKSHI YADAV**  
 ENGLISH 97



**ISHNEET KAUR RAHEJA**  
 ENGLISH 94



**RITIKA AGGARWAL**  
 HINDI 94



**ANKIT YADAV**  
 ENGLISH 94

*Our Proud Achievers of Class X AISSE-2020*

# INVESTITURE CEREMONY

## Leaders for Tomorrow

Investiture Ceremony is not just about providing titles, but about conferring responsibilities to the students, to carve great leaders out of them.

The School organised a Virtual Investiture Ceremony which witnessed the proud coronation of young leaders as Student Council members. The solemn event commenced with the lighting of the lamp, followed by an awe-inspiring mellifluous performance. The Vice Principal, welcomed the august gathering and congratulated the students, reminding them that, with position comes responsibility and hence, they should make sincere efforts to ensure discipline in the school. This was followed by honouring and investing them with badges and honours. The student council members took oath to faithfully work for the school and expressed their gratitude to the school as they geared up for their new roles. The Chief Guest Mr. Satendra Sangwan, addressed the audience with his encouraging words and congratulated the

“

**A leader is the one who knows the way, goes the way and shows the way.**

”

students for their achievement. The event culminated with a vote of thanks proposed by our Senior Head Mistress who applauded the accomplishment of the young office bearers and inspired them to continue to work diligently for their alma mater.



### CAPT SATENDRA SANGWAN

- Commissioned as 2<sup>ND</sup> Lieutenant in 16<sup>th</sup> Battalion THE GRENADIERS Regiment in Army in Mar 1996 from OFFICERS TRAINING ACADEMY, CHENNAI
- Leader of first platoon to go for KARGIL War in BATALIK sector. Actively participated in KARGIL WAR and Fought for 2 months.
- While going for an attack on Pakistani post got Injured in an anti-personal mine and lost right leg below knee
- Participated in Athletics and Badminton in Paralympic Games and won various medals at National and International level at Belgium, Manchester, South Korea, Malaysia, Thailand, Isarel for India.
- Won Asian Games and World Games in 2009.
- Received NATIONAL AWARD from President of India for being a ROLE MODEL FOR THE SOCIETY

# NATIONAL SPORTS DAY

“ Whatever the game may be. Be A Sport! ”

To build sportsmanship and encourage the students to remain active ‘during lockdown moments’. Children of preprimary classes celebrated the National Sports Day online as they were inspired to take part in sporting activities, warm up exercises and indoor games. It was a fun filled day and an apt tribute to the legendary hockey player Major Dhayan Chad, in whose honour this day is celebrated as National Sports Day in India on August 29, every year.



# KARGIL VIJAY DIWAS | TRIBUTE TO OUR WARRIORS

**“Vagaries of this life can be Tough and hard to fathom, And yet have they conquered us? Look how far we’ve come.”**



A Google Meet Session was organized on the occasion of Kargil Vijay Diwas to pay homage to all the martyrs of Kargil War. The School celebrated the day with patriotic fervour and enthusiasm through presentations, speeches and poems infused with the spirit of patriotism. Each presentation enumerated on the great sacrifices made by the soldiers who laid down their lives for the nation.

NOV 2 / JULY-SEPT

# RAINBOW MAGIC OF Skittles

“

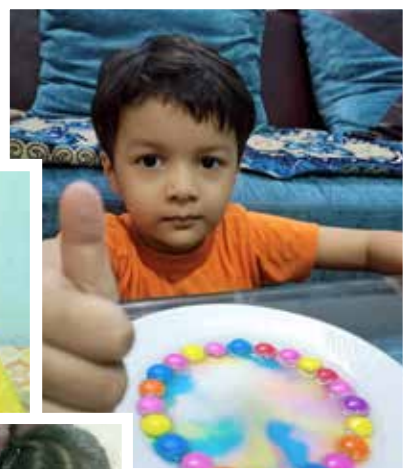
**You can't use up creativity. The more you use, the more you have.**

”

A virtual activity on “Skittle Magic Experiment” was organized for the students of Grade I and II in an interesting and colourful candy ‘way’ to arouse the curiosity and trigger the scientific enquiry skills in our young ones.

The ‘hands on’ experimentation involved students to arrange skittles around the perimeter of a circular plate and observe the mesmerizing rainbow effect as water was poured. The students were in awe and marveled as the colours danced and swirled into beautiful explosions of colours!

The young blooming minds explored the wonders of science the amusing way !!





# Fun in the Summer

The charm of Summer is exemplified by visits to water parks, splashing in pools or an 'idle' outing. To ensure that our children are not deprived of these 'cool' joys of summer, the school organized summer fun 'online' activities for the tiny tots. They learnt to explore, associate and identify objects used in summer and also participated in making their most favourite dessert -the Ice Cream. Children enthusiastically participated as they shared the 'cool ice cream' pictures. The joy of accomplishment was evident on each of their bright faces.



# HEALTH **Bhi** TASTE **Bhi**



We believe healthy eating habits should be inculcated from early childhood. The activity 'Healthy bhi Taste Bhi' ensured that children of Pre-Primary were encouraged to eat fruits to stay healthy. Their teachers, with due support of parents engaged children 'online' in assisting them to make fruits popsicles, adorned with their favourite chocolate syrup or honey. They were also involved in a mental exercise as teachers involved them in fruit riddles. The smiles and a sense of pride on their faces was the fruit we reaped for the day!

“

**'I love to eat apples, oranges too. Banana and kiwis are so good too!'**

”





# MY FAVOURITE FRUIT

*An Expression of Delight*

**“Self-expression is the key life skill”**

The students learnt to ‘speak-n-express’ about their favourite fruit in the activity ‘My Favourite Fruit’. This ‘educative’ activity, apprised them about various common and exotic fruits and provided a platform to our little MBSians to gain confidence in speaking. They also learnt to mould fruits with clay during the online session.

# Blue COLOUR DAY CELEBRATION

“

**Blue is the ocean;  
Blue is the sky;  
Blue are the blueberries which we enjoy.**

”

Life is an enjoyable journey and colours enhance the celebration of life. The pre-primary children were welcomed into the fascinating world of blue colour in an interesting ‘learning’ way. Dressed up in vibrant shades of blue, they painted a blue garden by finger printing and colouring. An array of blue coloured objects were shown online, to give them an insight into the colour blue. Blue learning was really fun!



SPLISH SPLASH

# Water Fun



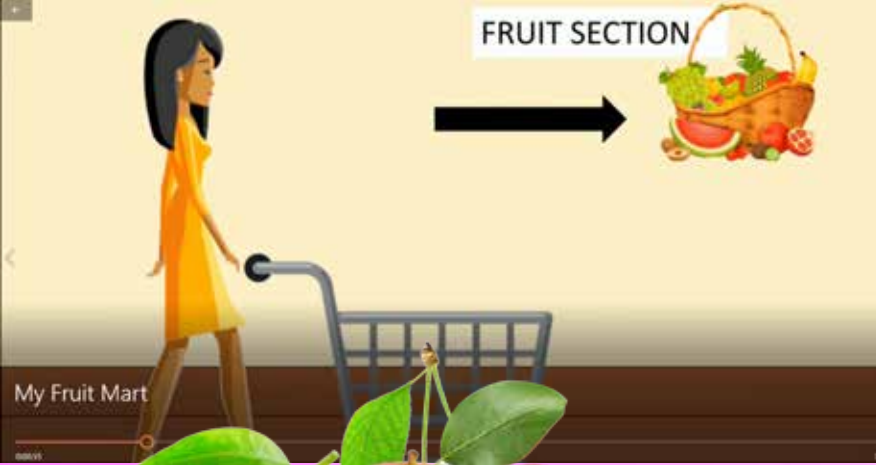
Children love to play with water especially during summer season. To ensure children enjoy the joyous summer, the school came up with creative ways for children to have fun with water. Preprimary kids were engaged in an interesting activity 'Splish Splash Water Fun' wherein they splish-splashed with coloured water. The fun & glee of laughter made the event interesting and contagious.



## CREATIVE Hands Colouring Competition

Colouring is a proven therapeutic experience for kids, wherein they vent their feelings and other emotions through colouring. It provides an opportunity to develop concentration, fine motor skills and better coordination for early writing skills. It was mesmerizing to witness each child engrossed and thoroughly enjoying the experience of colouring in the 'Colouring Competition'. The efforts put in by our little creative hands were encouraged with appreciation certificates.





# FRUIT MART Visit

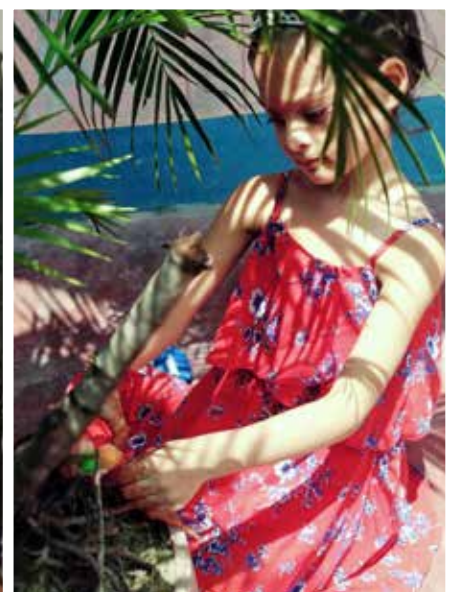


Children had a fruitful experience of recapitulating the concept of fruits and enjoyed the whole process of Fruit Mart experience in the 'Online Fruit mart shopping' spree.

They enthusiastically listed the fruits to buy using pictures and 'bought' fruits. A digital experience indeed!

## CELEBRATING Bond of Love

Raksha Bandhan- the bond of love is one of the most endearing festival which celebrates the bond between brothers and sisters. The students of pre-primary were all excited to be a part of this celebration. They were apprised of the significance of this occasion as they made beautiful rakhis using decorative threads, stars, mirrors, pearls, flowers etc. Students were also asked to tie rakhi to a tree or a sapling as they pledged to protect and take care of the plant. The enthusiasm and zeal with which our children participated was very heart warming.





# French EXTRAVAGANZA

**“We experience new culture with every journey. The uniqueness of individuals is the diversity of life.”**

The students of Grade VI-VIII virtually celebrated French Day on the occasion of ‘Bastille Day’ via Google Meet session. The programme, eulogizing the uniqueness of the French culture was set in motion with an Indo-French Ganesh Vandana. The vigour of students was evident through songs, dance and speech presented in fluent French. The students also participated in designing of Indo-French Wall, notching up their knowledge of the French culture.

The programme was a great way of learning about France and its culture through the Anglo-French language.



# Fun with ALPHABETS

“ The most important thing is to enjoy your life -to be happy. It’s all that matters. ”

Fun with Alphabets -A Self Introduction activity was conducted wherein teachers displayed flash cards of different alphabets on screen for students to choose and introduce. An energizer riddle game and a quick picture memory game recapitulated the fun learning. The students made the most of this opportunity by actively participating in the event and enjoyed a lot.



# PATRIOTIC

## Verses *Recitation*

Hindi Patriotic Poem Recitation was organized for classes I & II with an aim to develop their verbal skills and boost their confidence.

The young poets enthralled everyone during this virtual activity with their articulation as they recited poems. The icing on the cake were the attractive props which exemplified their performance.



**Poem Recitation is a mode of expression, a medium to reflect the latent talents of the young ones.**



# BUDDING SCIENTISTS

**“The science of today is the technology of tomorrow”**

Science is all about exploration and discovery. We provide innumerable opportunities to our young scientists to experiment and discover.

‘Budding Scientists’ activity was conducted for the students of classes VI to VIII wherein the students participated in experimentation on interesting themes such as air pressure, smoke snowfall, making of hand sanitizer, sedimentation, decantation, filtration, mirror image by water, conduction, etc. It was very exciting to see the enthusiasm of the students while presenting and explaining the experiments. The sense of achievement visible on the faces of the budding scientists was worth every effort.



# Sail Through



The preschoolers had an opportunity to learn about the different kind of water transport in a virtual session. They were also taught to craft clay submarine . A water themed experience indeed!

**“Row, Row, Row your boat, gently down the streams....”**

# ENGLISH POEM RECITATION

The students of grade III enjoyed celebrating the beauty of expression, rhythm and music of words in a Virtual Poem Recitation Activity. The students enthusiastically participated to exhibit their poetic bent of mind, using creative props, voice modulation, intonation and impressive expressions. It was heart-warming to see amazing performances which was indeed a result of hours of practice. This event enabled our students to kindle their imagination and helped them enhance their learning process.

“  
Beauty  
is the  
realm  
of the  
poetry  
”

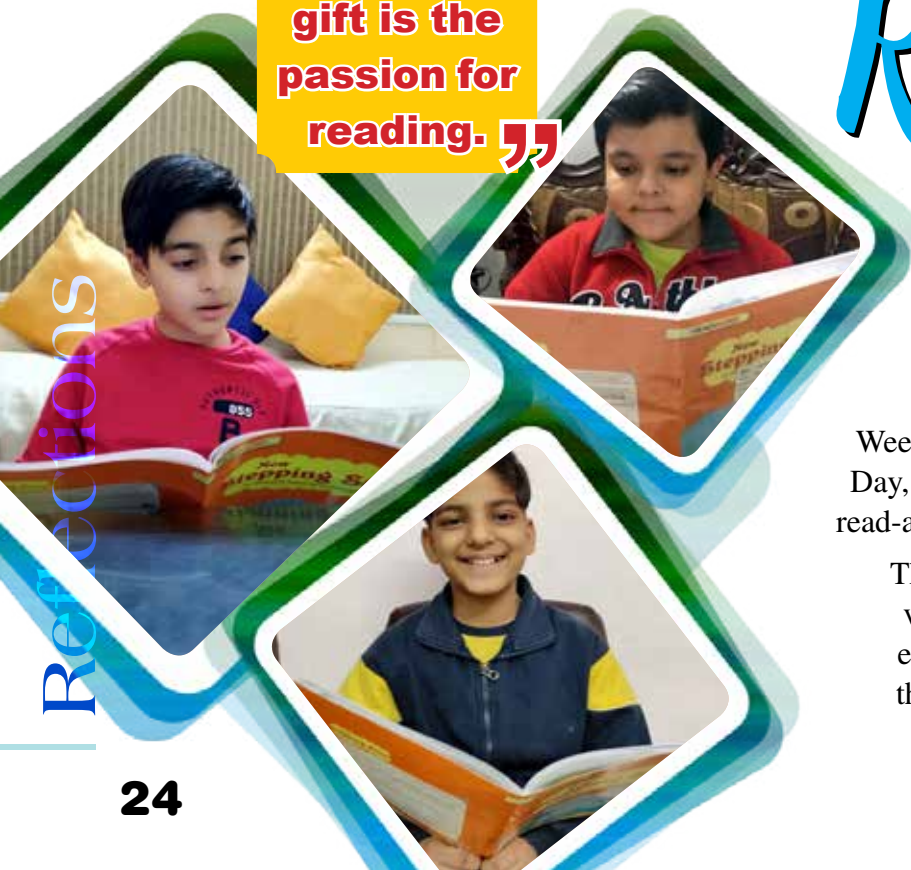


“ The  
greatest  
gift is the  
passion for  
reading. ”

## GIFTS OF Reading

Reading is fun and is a simple way to keep students' mind stimulated and focussed. The school organised 'Reading Week' on the occasion of International Literacy Day, wherein a series of activities like role play, read-a-thon and poem recitation were conducted.

The activities reinforced skills like grammar, vocabulary, pronunciation, and writing. The enthused participation witnessed throughout the week of celebration was testament to the success of the initiative.





# NEWSPAPER

C R A F T



Art and craft activities are always fun learning for kids. Be it colouring with crayons or moulding statues from clay, folding paper to create fine origami or designing a handmade craft work, art reflects skills and creativity. "Newspaper Craft Activity" was conducted wherein Grade -I students made coasters and Grade -II students created Photo Frames using painting and rolling process to present beautiful work of craft. The activity reinforced the message of recycle and reuse and fostered innovative application to craft something 'innovative' out of waste.



**“ A great way to use old newspapers is to craft with them. ”**



**'Shapes are fun.  
...one of the  
seven elements  
of art.'**

A virtual activity 'Fun with Numbers' for the students of grade I & II strived to teach the basic concepts of numbers to the students by drawing the shape of the animal. Children were seen engrossed in creating and shaping beautiful animals with numbers as they exhibited their artistic skills in presenting educative activity.



*Fun With*  
**NUMBERS**

**Tree**  
plantation

In these pandemic times, to generate awareness among students for greater greenery in the country, the School organized a 'Tree Plantation Activity' for the students of Grade III & IV themed on 'Each one, plant one'. Students were instructed to plant a sapling in their house garden with the help of their parents and share photographs. The initiative sensitized the young ones about the importance of flora.



# PITTER Patter



Rainy Day is always a fun time for the kids. The pre-primary students celebrated the 'Pitter Patter' of rain drops in a virtual rain experience attired in raincoats & umbrellas as they splashed & reveled in the virtual rain experience. Children shared their experiences of 'splashing' and made 3D umbrella, raincoat & gumboots. They were also made aware of the related terms and taught to take due precautions during this season.

# AD MAD

AD Mad show for the students of Grade I and II was an opportunity to bring out individual talent, explore their creativity and stage confidence. The students participated with great zeal and enthusiasm.



**'A healthy mind, healthy body connection is the key to a much happier life.'**

VOL. 2 / JULY-SEPT

# DRESS & DEPICT



It is a well-known fact that sustainable development and a holistic ecological view are the need of the hour in today's world, where man's domination over nature has risen to gigantic proportions. The School organized a virtual **'Dress and Depict Activity'** for the students of Grade IV themed on **'Save mother earth'**. The students depicted the woes of the earth as they conveyed a strong message to protect and nurture it back to its pristine glory.



# PHOTO FRAME

# Making

“Picture frames not only define the personality of a home, but also depict the aesthetic sense of the people living in that house.”

Paper crafts provide a child the chance to express himself in a purely creative environment. A virtual “Photo Frame Making Activity” was organized for the students of Grade I to help them develop fine motor skills and creativity. Students designed Photo Frames with newspapers using painting and rolling process to create beautiful craft work. The activity fostered innovative application and gave them a joyful experience to create something new out of waste.



# INTER-HOUSE PATRIOTIC SONG COMPETITION

Theme : Patriotism

Day/Date : Tuesday, August 11, 2020

Time : 9:00 a.m.

Link: <https://meet.google.com/pvpopnn-sjm>

Vande  
Mataram



A virtual Inter House Patriotic Song Competition was organized, wherein singers from each house vied with each other to outshine as each one of them belted out a melody infused with patriotic number.





## FOOD IS LIFE, COOKING IS FUN



*The children donned the hat of a 'chef' in the Little Master Chef activity conducted for the students of the Grade I & II.*



They exhibited great culinary skills as they prepared nutritious and healthy sandwiches during the virtual activity. It was a virtual feast for the eyes as sumptuous sandwiches were displayed in aesthetic presentation. The activity encouraged healthy eating habit as they discovered the art of 'creative' cooking culminating in yummy delights. It also created awareness about the nutritional value of food cooked without fire. The display was a visual treat tickling to the taste buds.





## SHOW AND TELL

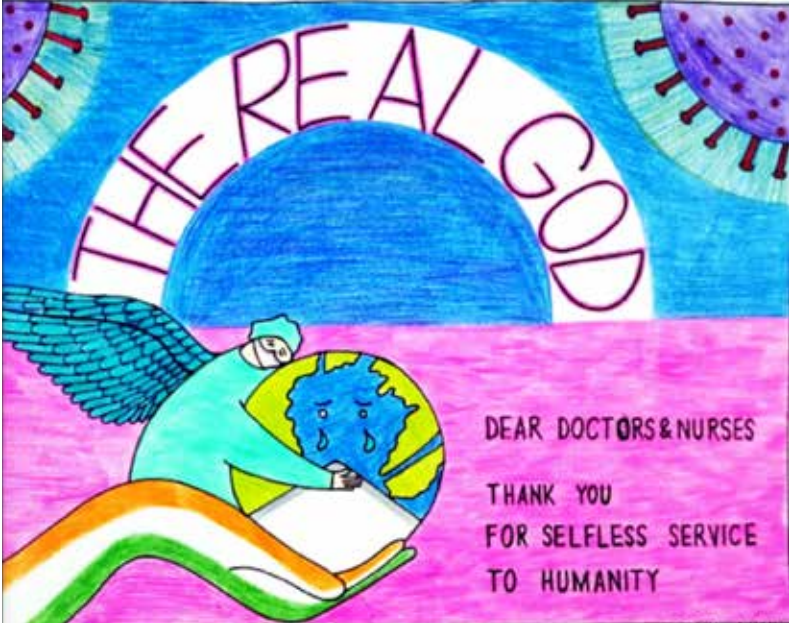
*“You can have anything you want in life if you dress for it.”*

“**S**how & Tell- My Favorite Outfit” was organized on a virtual platform for the students of Grade I and II.

The activity was a cornucopia of fun and talent as the children spoke confidently about their favorite outfit. It also sparked their imagination and provided a creative avenue to express themselves.





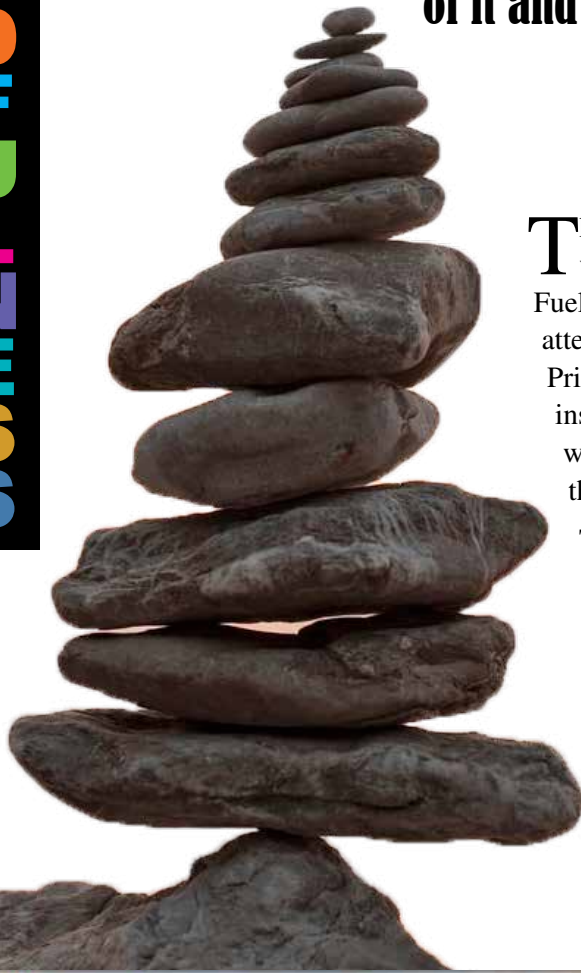


As an inspiring and educative initiative to help students understand the role of corona warriors, a slogan writing activity on the topic 'Our Saviors During Lockdown' was conducted for the students of grade III-V.

Our students displayed immense resourcefulness by expressing their thoughts in an articulate and artistic way. The event helped them to explore, engage, and develop a thorough understanding of the efforts put in by the professionals helping us during lockdown.



**“Life is like a dance, in all its magnificence, interspersed with moments of mirth as well as sorrows, and the art of ‘mindfulness’ is witnessing that dance of life, being aware of it and imbibing its very beauty.”**



The School organised a webinar “Mindfulness: Fuelling up Mind and Body” attended by over 200 educators, Principals from esteemed institutions, teachers, parents and students. The aim of the webinar was to help everyone transform their lives through the power of mindfulness.

The speaker, Ms. Aticka Dhandia, Transformational Image and personal branding expert, TEDx Speaker, Yoga, Meditation and Wellness Coach discussed the practice of mindfulness to decrease stress, attention deficit issues, depression, anxiety, and hostility while simultaneously providing optimal conditions for learning and teaching. The webinar focused on introducing mindfulness practices for educators to enable them to transform their classrooms into communities of mutual understanding and compassion. It was highly informative and enriching experience.

MBS INTERNATIONAL SCHOOL HAS PARTNERED WITH ART OF LIVING TO CONDUCT A WEBINAR ON **MINDFULNESS : FUELLING UP MIND ,BODY AND SOUL**

*Session Speaker*  
**ATICKA DHANDIA**  
 TRANSFORMATIONAL IMAGE AND PERSONAL BRANDING EXPERT, TEDX SPEAKER, YOGA, MEDITATION AND WELLNESS COACH  
 INTERNATIONAL FACULTY MEMBER AND DIRECTOR TRAINING FOR THE ART OF LIVING FOUNDATION

THE ART OF LIVING

# COMMON ERRORS in ENGLISH

A linguistic workshop ‘Common Errors in English’ was organised, via Google Meet session, for the teachers to enable them to speak error-free English. Ms. Deepali Jain, taught the participants to use correct pronunciation and also elaborated on the difference between British and American English. The interactive session equipped teachers with effective methods, resources, practical ideas and activities that can be implemented in classrooms to teach students error-free English. The teachers had great time during the session as they learnt many common errors in English.



“  
**Confidence comes not from always being right but from not fearing to be wrong.**  
”

## YOGA: A Way of Life

**“Yoga is like music, rhythm of the body, melody of the mind and harmony of the soul which creates the symphony of life”.**



To acquaint the teachers with the importance of yoga on mind, body and soul, the School organised a webinar on “Yoga and Mental Health”. The webinar was helmed by Dr. Rahul Budhreja where he highlighted the importance and enigma of yoga in daily life. He mentioned that yoga has meditative and spiritual attributes, besides enabling one to be physically fit. It was a very interactive and illuminating session.

# DRAWING AND COLOURING

“

The ability to draw depends on the ability to see the way an artist sees.

”

## The Rainy Season

‘Drawing and Colouring’ helps children to think creatively, develop hand-eye co-ordination, hone analytic skills, and conceptualize ideas.

‘Drawing and Colouring the Rainy Season’ was organized, as a virtual activity for the students of Grade I and II to encourage creativity wherein students depicted the rainy season. It was exhilarating to witness their zeal and enthusiasm portrayed in their vibrant, visualized ‘rainy’ drawings.



# LEARNING FORUM

## WORKSHOP FOR STUDENTS

DATE	TOPIC	CONDUCTED BY
28.4.2020	MANAGING STRESS AND ANXIETY (IX-XII)	DR. SAMEER PARIKH (FORTIES MENTAL HEALTH CARE)
21.5.2020	WOW VOCABULARY (IX & X)	MR SAURABH NANDA (PRATHAM)
4.7.2020	ANTIBULLYING (IV-V)	MS NEETU VERMA,MS SUNEYANA GROVER & MS SONIA ANAND
11.7.2020	HEALTH AND HYGIENE I-II	MS AISHVARYA,MS SONIA ANAND & MS RK VANDANA
25.7.2020	BAICHUNG BHUTIA ONLINE SCHOOLS FOOTBALL TRAINING (V-VIII)	FOOTBALL COACHES
21.8.2020	WORKSHOP ON EAT RIGHT (VI)	MS NEETU VERMA
28.8.2020	HEALTH , HYGIENE & NUTRITION (III-V)	MS NEETU VERMA,MS SUNEYANA GROVER & MS SONIA ANAND
28.8.2020	LAW AS A CAREER OPTION (XI-XII)	MR. ABHIMANYU RAJPUROHIT (PRATHAM)
19.9.2020	ADOLESCENCE ISSUES (VIII)	MS MONIKA DHINGRA
28.9.2020	PERSONALITY GROOMING (III-V)	MS RK VANDANA, MS JYOTI KHANIJOW
29.9.2020	HT CODING WEBINAR (V-VIII)	HINDUSTAN TIMES
5.10.2020	LIFE SKILL (VII)	MS. TANVEEN KALSI
6.10.2020	VEDIC MATHS (VI-IX)	MS VIDHI MANGLA (PRATHAM)
9.10.2020	FIRST AID (VI)	MS NEETU VERMA
12.10.2020	TIME MANAGEMENT (IV-V)	MS JYOTI KHANIJOW

## WORKSHOP FOR FACULTY MEMBERS

DATE	TOPIC	ATTENDED BY	RESOURCE PERSON
JUNE 22,2020	YOGA & MENTAL HEALTH AWARENESS	FACULTY MEMBERS	MR RAHUL BUDHRAJA (DSW)
JUNE 26,2020	CHOOSE HAPPY	FACULTY MEMBERS	MS DEEPALI JAIN
JUNE 27,2020	MINDFULNESS	FACULTY MEMBERS	MS ATICKA DHANDIA (ART OF LIVING)
JUNE 29,2020	FUNDAMENTAL DUTIES	FACULTY MEMBERS	MR RAHUL BUDHRAJA (DSW)
JUNE 30,2020	COMMON ERRORS IN ENGLISH	FACULTY MEMBERS	MS DEEPALI JAIN
AUGUST 22,2020	EXPERIENTIAL LEARNING	FACULTY MEMBERS	MS SURBHI ( HEADWORD)

## WORKSHOP FOR PARENTS

DATE	TOPIC	ATTENDED BY	RESOURCE PERSON
May 9,2020	ENGAGING PARENTS IN PRESENT SCENARIO	PARENTS	DR SAMIR PARIKH (FORTIES MENTAL HEALTH CARE)
May 23,2020	FOOD AND FLAVOURS	PARENTS	MS RICHA JASWAL,MS SUJATA
June 27,2020	MINDFULNESS	PARENTS	MS ATICKA DHANDIA (ART OF LIVING)

MBS in News

**hindustantimes KALEIDOSCOPE**

## TOOLS PROGRESSING TOWARDS NORMAL

The pandemic, schools in Delhi-NCR have tackled a wide range and slowly yet steadily got their act together to ensure that learning process moves forward effectively and smoothly.

**Virtual investiture ceremony organised at DPSG, Vasundhara**

... Only a few students and parents had been invited to attend the inauguration being in view of the Covid-19 pandemic situation

**HMS, Punjabi Bagh, shines with 100%**

... The school achieved secondary and senior

**MBS Int'l School, Dwarka, holds fun learning activities**

... Students took part in various activities

**Online event at Suraj Bhan DAV Public School, Vasant Vihar**

... The school achieved secondary and senior

**Contests galore at SMSSS, Prashant Vihar**

... Students participated in various contests

**DAVPS, East of Road, celebrates Sanskrit Week**

... The school achieved secondary and senior

**hindustantimes**

## MBSIS, Dwarka, launches virtual classes

As the Covid-19 pandemic, which has badly impacted education, MBS International School (MBSIS), Sector 11, Dwarka, has started virtual classes to ensure the continuity of their faculty and students. High quality and low latency lessons with clear explanations, activities, and audio and video instructions have been provided to students. In addition, the school has also provided an amazing online platform for the students to interact with their teachers and peers. The school has also started various online classes such as dance, painting, story telling, art and craft.

All the activities were designed so that the students do not lose interest in their lessons. The students proactively engage themselves in activities like drawing, writing, and reading, showcasing their creative skills through painting, art and craft, spending quality time with their family members, playing outdoor games and reading for their knowledge etc. While we await the pandemic, it is hoped that this online helps us lead to the better world with simplicity in life with less stress, less and more joy.

**hindustantimes**

## MBS Int'l School, Dwarka, celebrates Grandparents' Day

MBS International School, Dwarka, celebrated Grandparents' Day which was live streamed on its official YouTube channel. The day was filled with oodles of blessings, happy faces, and excitement as the students displayed their love and affection for their grandparents. The chief guest of the event was South-West Delhi MLA Gulab Singh who addressed the audience and laid emphasis upon the importance of having elderly people around us. The function took place in three slots starting from 9 am. The students participated in multifarious cultural programmes to welcome their paternal and maternal grandparents. Also present on that occasion were school chairman Gulshan Kumar Magan, manager Gurleen Kaur, principal Anil Wadhawan, vice principal R. Binoprecha, senior

headmistress and coordinators of the respective wings. The event started with the Saraswati Vandana followed by the Ganesh Vandana. With loving notes from Aayan Kamal and Kritika Sanyal, the event moved on to cultural programmes. The highlight of the entire event was the item-packed performance by the students. The magnificent performance of the students on various Retro songs left everyone spellbound. The icing on the cake was the gratitude performance which had everyone glued to their screens and see the innocent faces expressing their heartfelt thanks for all the love received by their grandparents. The event marked the sweet relationship between the two wherein the duo danced together with hands held together portraying their fondness and affection for each other. The children were very excited to showcase their love for their grandparents and this was evident on their faces while they were performing. It was a moment of elation to see the happiness ushering in the faces of all the grandparents who made the most of this wonderful day with happiness. The vice principal addressed the audience and proclaimed the importance of having their presence even in the virtual classes which the school is conducting for the students. The immense support and love received from the parents and grandparents even in these troubled times has helped the school move headway focusing on all the scholastic and co-scholastic areas without facing any hindrance in the student's learning. With its strong belief in the overall and holistic development of the students, the school continues to instil values in students even in these unprecedented times through the means of virtual gatherings. The event culminated with a vote of thanks proposed by Rishabh Barwal and Ananya Singh followed by the singing of the national anthem.

**hindustantimes**

## Hobby classes organised at MBS Int'l School, Dwarka

Students were encouraged to attend various online hobby classes

To help its students pursue their interests and discover their passions in the times of the Covid-19 pandemic, MBS International School, Sector 11, Dwarka, has started hobby classes for its students. The school has started various online hobby classes such as painting, art and craft, dance, and music. The school has also started various online classes such as dance, painting, story telling, art and craft.

Students were encouraged to attend various online hobby classes

To help its students pursue their interests and discover their passions in the times of the Covid-19 pandemic, MBS International School, Sector 11, Dwarka, has started hobby classes for its students. The school has started various online hobby classes such as painting, art and craft, dance, and music. The school has also started various online classes such as dance, painting, story telling, art and craft.

**hindustantimes**

## Students and their grandparents dance during the event

Students and their grandparents danced during the event

Students and their grandparents danced during the event

# EXPRESSIONS: Grand Parent Speak

Grandfather- Namaskar, I am Tapan Guha Dam and she is my my wife Ranjana Guha Dam. We are grandparents of Ayaansh Guha Dam Studying in MBS international school of class KG-A. We are really very much satisfied with the progress of Ayaansh since he joined this school. Grandmother- Yes we are really very happy and satisfied with all the teachers in your school. Aap sabhi teachers ka itna accha yogdan hai aur talmel hai bacchon ke saath jo humme bohut hi pasand aya hai. Humne apne bache mein kaafi growth dekha hai, uske studies mein, activities mein, is wajah se hum bohut hi khush hain and appreciate karte hai apke teachers ka jo bacchon ke saath itna involved hain. School ko progress dene mein teachers ka bohut zyada yogdan rahega. Hum bohut ashirwad dete hai and good wishes dete hain school ko for more progress. Thank you.



Hello everyone,  
 मैं जेठ पर्वत का दादीजी हूँ।  
 MBS International School के शिक्षक  
 बच्चों को ठाढ़ा अवसर देगे, हम  
 भर आशा करत हूँ। और आपके  
 निपादन और कार्य करेन मेरी  
 काकी अच्छी है।  
 सारे स्वाफ की मेरी लफ से  
 धार्क बधाई।  
 —एकभाव



Namaskar, I am Gurbachan Singh grandfather of Amrit Kaur who is in the foundation class at MBS International School. And I am very happy to see that the foundation of my grandchild is being laid well by the school management and staff. I am amazed to see the kind of work the teachers are doing with children even during these tough times. We're very glad as Mbs international School has been conducting not only classes but also organising various activities through the online mode for overall development of children.



# EXPRESSIONS:

To,  
The Principal,  
MBS International School,  
Dwarka, New Delhi

Subject: - Thanks Letter

Dear Sir,

It is great opportunity to thanks for your efforts you made each of students of MBS International School, MBS International School is a place, where, every student develops their hidden skills in guidance of super cooperative teachers and school staff, school experience teacher always give the preference on knowledge rather than just emphasizing on educational skill.

With Best Regards,

SUNDAR NEGI



In these unprecedented times, the Covid pandemic has caused a major disruption in our way of life. The closure of schools was a major concern, however, the teachers of MBS International School have risen to the challenge and ensured a smooth transition from classroom teaching to interactive online sessions. It is truly commendable that they have come up with innovative ways to help the students learn and adapt to this new mode of learning - be it organising events such as Independence day, Investiture ceremony and other co-curricular activities online or ensuring that no child is left behind - they have ensured that the learning does not stop. In fact, because of the concerted efforts of the teachers, students have now started liking this way of teaching which offers personalised attention and teaching from the comfort and safety of their homes. I greatly appreciate the hard work and dedication of the teachers.

Regards,

Amde Alam and R. Man  
Parents of Zaki Alam II-A  
and Zoya Alam II-A



V. Prasanna  
Kumar

This school has been a wonderful experience for both my son, Stephen (XIIA) & us, as parents as well. He transitioned from a shy and introverted boy to a confident and happy young adult when he moved to MBS International last year. The teachers were always available and genuinely committed to exploiting his potential to the fullest. They were also very open to parental feedback and made sincere efforts to implement recommendations to the extent possible. The family-like atmosphere meant that students were not just another number, and everyone knew each other. The school maintains strong safety standards and an impressive level of hygiene. I would strongly recommend MBS International School for those seeking a quality education at a very affordable cost. The values, good manners, and discipline that the school emphasizes are an added bonus. Most importantly, I am confident that the relationships Stephen forged with his teachers & students will last over the years.

— Prasanna Kumar  
(Father of Stephen Mathew, XII A)





# Parent Speak

*My prior concern during the lockdown has being my daughter's studies. She is in 10 standard and online studies where all I could provide her during the lockdown. I'm greatly thankful to all the teachers providing their attention even after their working hours. She was enjoying her time during learning like never before. She learned, improved her presentation skills and participated in various activities. I would most likely want to appreciate the teaching staff for providing such an organised and elaborated study materials like ppts, pdf and video lectures.*

*Subhadra Anand  
(Parent of Poornima Anand)*

*I Rohit Arora, parent of Arya Arora of class 10-A is extremely content by seeing the extraordinary efforts made by the school this session. When this session started and we were told that my daughter's classes will be happening online, to be honest, I got a little stressed that how will she understand the concepts because the experience of being in the school and taking classes offline is great and how will she cope up now, but then i noticed the great efforts that the teachers and the school's staff is making. The teachers make ppts and explains every single topic so clear. In fact I am glad that now I can literally see how my child is studying and help her and guide her in the correct way. I have also noticed that during the tests, teachers are there on duty and students are supposed to keep their cameras on, which I very well appreciate. They are given assignments and worksheets, also the teachers shares videos related to the topics they are teaching in the class for better understanding. I personally am very impressed by all the great and wonderful efforts teachers and school is making and I hope that they continue these classes like this only.*

*MBS International School is a school where students can grow their wings under the umbrella of wonderful teachers, mentors, guides that are all idealistic in life. MBS international school also stood outstanding in this pandemic situation, my ward never stopped learning and we also never felt if there is any hurdle or any major difference in real classes or online classes. The management of the school was so great online also and we are very contented on this scale of hard work they have done especially the teachers were really cooperative.*

*Regards  
Mamta Arora (M/O Ananya Arora)*

VOL. 2 / JULY-SEPT

# Reflection



INTERNATIONAL  
SCHOOL

MBS INTERNATIONAL SCHOOL

Sector-11, Phase-I, Dwarka, New Delhi-110075

Ph : 011-45312000, 45312008, 9717227299

Email : [mbsintl@gmail.com](mailto:mbsintl@gmail.com)